

# CHOR CHATTER



*September / October 2012*

## TELADOC

Have you utilized Teladoc yet? If you have, and you would like to share your experience, please send HR an email about it. We would like to share positive employee experiences in future newsletters!

Teladoc provides 24/7/365 access to a national network of U.S. board certified doctors who can resolve many of your medical issues via phone, email, or skype. It's quality healthcare, when and where you need it, at no cost to you! Teladoc doctors can diagnose, treat and prescribe medication, when necessary, for non-emergency medical issues.

If you haven't set up an account with Teladoc yet, please do so before you need to use it. Go to [www.Teladoc.com](http://www.Teladoc.com) and click *Set Up Account* to get started.

Remember, the more we use Teladoc for non-emergency medical care, the less we tap into our expensive health insurance plan! And the less we tap into our expensive health insurance plan, the better our rate increase will be next plan year. Please do your part to help control costs!



## REMINDER!

If you haven't yet set up your account on Highmark's website, please do so at:

[www.highmarkblueshield.com](http://www.highmarkblueshield.com)

Please take advantage of the provider directory, compare cost tools, wellness, preventive health and member discounts directory!

## HIGHMARK OFFERS NEW DISCOUNT PROGRAM

Through Blue365, Healthways offers you a personalized fitness program called Healthways™ Fitness Your Way. This is a fitness program designed to fit around your life for just \$25 a month and a low \$25 enrollment fee, with a 3-month commitment. Because everyone should be able to get healthy, it's as flexible, affordable and

is as accessible as possible with nearly 8,000 participating fitness locations at a low monthly fee.

Meet Your Goals: Access nearly 8,000 fitness locations.

On Your Time: Visit any participating location – anytime, anywhere – as often as you like, including select 24 Hour Fitness®, Snap Fitness®, Curves®, Bally Total Fitness®, Gold’s Gym, YMCAs and more.

On Your Budget: Only \$25 per month and a low \$25 enrollment fee, with a 3-month commitment (There is a 3-month commitment, which is billed monthly. You may cancel your membership at any time after the initial 3 months).

Enroll Today by accessing your Highmark member website and selecting the “Discounts” link; then “Healthy Choices” or call 888-242-2060.

## **EMPLOYEE ASSISTANCE PROGRAM**

Just a reminder... CHOR’s EAP contract with Inroads is expiring and we are now utilizing the Guardian WorkLife Matters EAP. The Worklife Matters EAP can offer support with education, dependent care/care-giving, legal and financial resources, lifestyle and fitness management, and many other things. Support and guidance is just a phone call or email away! Up to three face to face counseling sessions per year are free of charge.

Connect to a counselor for free support services:

1-800-386-7055

Available 24 hours a day, 7 days a week

Or visit the website at:

[www.ibhworklife.com](http://www.ibhworklife.com)

User Name: Matters

Password: wlm70101



### New Employees – June, July & August 2012

Cassandra Chacon, AA - Admissions & UR  
Leonardo Cordero, Comm. Interventionist - ERC-LV  
Herman Bentley, YBS - Gandhi  
Shakeema Manning, YBS - King  
Thomas Burke, YBS - Douglass  
Catherine Misciagna, Clinician - Douglass  
Julie Bering, YBS - 3<sup>rd</sup> Shift  
Christopher Miller, YBS - King  
Joseph Sabol, YBS - Gandhi  
Jayme Uczynski, YBS - Douglass  
Alec Lopez, YBS - Douglass  
Andrew Miller, YBS - Douglass  
Melissa Gillard, YBS - Gandhi  
Colette Ferry, RN - APHP  
Ashley Frain, YBS - Douglass  
Jenebu Kiazolu, Cook Assistant – Facilities  
Tiffany McMullen, Cook Assistant – Facilities  
Matthew Hoffman, AA - Residential  
Nancy Kauffman, Writing Teacher - Residential  
Yvette Mulligan, AA - CDA  
Marcy Fike, YBS - King  
Kaitlin Stubblebine, YBS - King  
Bruce Millheim, Teacher - CDA

# GET TO KNOW YOUR COWORKER!

Name: **Curtis Weaver**

Position: **Youth Behavioral Specialist**

Years of Service: **1 Year, 2 months**

Children's Names (Pet's okay too!): **Curtis Jr, Fabian, Gaby**

Other personal/family information you would like to share: **I enjoy working with the children in the community**

One thing you would be surprised to know about me is: **I like Jazz and soft rock music**

In my spare time, I like to: **help facilitate living sober and low income housing**

The 3 words that best describe me are: **Articulate, Caring & Good Listener**

My favorite book and/or movie is: **Roots**

I am listening to what kind of music these days: **Jazz & Rap**

Where was I born? **Philadelphia**

Most inspiring moment at CHOR: **Just getting to know the clients and staff**

## SAVE THE DATE!

Bill Gallagher from Mutual of America will be at CHOR Main Campus on September 19<sup>th</sup>. Please call or email Carla in HR if you're interested in scheduling a one on one session with the MOA representative to discuss your 401k.

## September & October Birthdays

9/1 Meredith Mensinger  
9/2 Alicia Guldin  
9/4 Thomas Dorrin  
9/5 Jason Stewart  
9/6 Tammy Brumbach & Karley Gibbs  
9/9 Melissa Gillard  
9/10 Joyce Delap  
9/11 Tiffany Middleton  
9/12 Karen Dougherty & Neil Wilson  
9/13 Yvette Mulligan & Shirlena Sample  
9/14 Jennie Rivera  
9/15 Luis Rochet  
9/17 Tiffani Crass  
9/20 Wanda Grabey & James Vogelgesang  
9/23 Derrick McFarland  
9/24 Mercedes Carbonell  
9/24 Michael Progansky  
9/24 Kelley Spencer  
9/25 Jack Undercuffler  
10/1 Tamara Pender  
10/1 Frank Piscitello  
10/4 Justin Armstrong  
10/4 Colette Ferry  
10/5 Christine Rainone  
10/6 Carmen Brown  
10/8 Sharon Gaertner  
10/10 Manuel Bautista  
10/10 Umaru Kalay  
10/10 Francis Ngegba  
10/10 Jamie Walters  
10/13 Renee Jones  
10/14 Lisa Borzumati  
10/15 Joyce Thomas  
10/16 Valerie Chandler  
10/19 LaTosha Baker  
10/22 Tanya Lopez  
10/23 Eric Sherman  
10/26 Herman Acker  
10/27 Robin Cosby  
10/27 Melissa Ortiz  
10/28 Richard Westbrook  
10/30 Ruben Banguero & Kenneth Mitchell

